



Guidance for Households with Children/Students WHO HAVE SYMPTOM(S) OF COVID-19 OR WHO HAVE TESTED POSITIVE



DO YOU HAVE **ANY** OF THESE SYMPTOMS:
Fever/chills, cough, shortness of breath, decrease/loss of smell and taste?
OR



In the last 5 or 10 days, have you received a **positive** result on a COVID-19 test?

- If you are fully vaccinated or under 12 years of age, use 5 days.
- If you are not fully vaccinated and over 12 years of age or immunocompromised, use 10 days.

NO

Note: If your symptom(s) are from a known health condition, select "No".

YES



DO YOU HAVE **TWO OR MORE** OF THESE SYMPTOMS:
Sore throat, headache, extreme fatigue, runny nose/nasal congestion,
muscle aches/joint pain, GI symptoms (i.e. vomiting or diarrhea)?

NO

I ONLY HAVE ONE

YES

You are **not required to self-isolate** and can attend childcare/school.

Your household members do **not need to self-isolate**.

You are **required to self-isolate** until your symptoms have been improving for 24 hours (or 48 hours if nausea/vomiting/diarrhea).

Your household members do **not need to self-isolate**.



SELF-ISOLATE IMMEDIATELY and follow the "Next Steps" on the next page.

Child/Student **SHOULD** complete the **COVID-19 School and Child Care Screening DAILY** (<https://covid-19.ontario.ca/school-screening>) before entering a school/child care setting.





NEXT STEPS

for Households with Children/Students Who Have Symptom(s) of COVID-19 **or** Who Have Tested Positive

Are you:
12 years of age or older **AND** fully vaccinated?
OR _____
11 years of age or younger
(regardless of vaccination status)?

YES

You must self-isolate for at least **5 DAYS** from symptom(s) onset **AND** until symptom(s) have been improving for 24 hours (or 48 hours if nausea/vomiting/diarrhea), whichever is longer.

Are you:
12 years of age or older **AND** not fully vaccinated?
OR _____
immunocompromised
(regardless of vaccination status)?

YES

You must self-isolate for at least **10 DAYS** from symptom(s) onset **AND** until symptom(s) have been improving for 24 hours (or 48 hours if nausea/vomiting/diarrhea), whichever is longer.

- If you have no symptoms, use the day you tested positive as your starting date.
- Notify anyone you have come into close contact with 48 hours prior to symptom onset or positive test.

If any of the following apply to the household members of the positive case, they do not need to isolate:

- Tested positive for COVID-19 in the past 90 days,
- 18 years + and boosted
- Under 18 years old and are fully vaccinated

*Note: Children under 5 must isolate for 5 days.

These individuals must self-monitor for symptoms and self-isolate if they develop any symptom of COVID-19. If self-isolation is complete after 5 days, or if self-isolation is not required, ALL household members must continue to wear a well-fitted mask in all public settings for a total of 10 days after the last exposure to the COVID-19 case.

If additional household members develop COVID-19 symptom(s) or test positive, they should follow isolation directions for symptomatic or positive individuals (available at wechu.org). Household members who must isolate and have not developed COVID-19 symptom(s) and remain negative should extend their isolation until the last symptomatic or positive household member finishes their isolation period.

Note: Fully vaccinated means you received your second dose of a COVID-19 vaccine series at least 14 days ago.

If you require medical or health advice, please contact your health care provider or Telehealth Ontario at 1-866-797-0000.

For further guidance on isolation visit the WECHU's website at wechu.org or call the Provincial Testing and Isolation hotline at 1-888-777-0730.

